



GIBFIBRE GAAA Road Racing League 2026/2027

ROCK RUNNERS LEAGUE

What's New This Season?

An exciting season ahead with:

- **8 races** throughout the season
- **4 Gibraltar Championship races**
- **9:00 am race starts**
- Your **best 6 results from 8 races** counting towards the individual league. **Of these 6, 3 must be championship races**
- **New overall Team champion** male and women combined.
- **New participation awards**, including a special participation medal for everyone completing **8 out of 8 league races**
- The **final league race** will conclude with an **awards presentation**, following dedicated junior races. More details will be announced in due course.

Fees

Individual Registration Fee £5 or £10 per race depending if it is a standard league or championship race.

Single £30 Team Registration Fee for the League or

Packages

Individual Registration Fee £45 includes all eight races (no refunds).

Juniors Registration £30 age 14 to 17 includes all seven races they can compete in as Race 6 (16km Championship they will not be allowed to compete in) (no refunds).

Assembly/Registration point

The Assembly/Registration point for these races is situated by the Campion Park promenade. Races start at 9.00am.

How to Register

Registration will be open 8 to 10 days prior to each race via online registration in the Gibraltar Athletics website. The closing date will always be the Thursday prior to each race with Bib collections on the race day morning.

Runners Enclosure

There will be facilities for runners to place tracksuits, sports bags, etc at the finish line.

Individual League Categories

Male/Female divisions in All Categories

Trophies for first three in each category both male/female at the end of the league

- **Junior :** **Age Group 14 to 17**
- **Senior:** **Age Group 18 to 34**
- **Masters A:** **Age Group 35 to 44**
- **Masters B:** **Age Group 45 to 54**
- **Masters C:** **Age Group 55 to 59**
- **Masters D:** **Age Group 60 to 64**
- **Masters E:** **Age Group 65+**

Overall individual Winners

The overall winner both male and female to be presented with a Trophy
and the title of:

KING OF THE ROAD/QUEEN OF THE ROAD

Team League Categories

Trophies for first three teams both male/female at the end of the
league

The overall winning team combined points of the male and female to be
presented with a Trophy and the title of:

GAAA ROAD RACING TEAM CHAMPIONS

Prize Money / Awards for the Championship Races

Trophies will be awarded to the **first three male and first three female finishers** in each Championship Race.

Prize money will also be awarded to the top three male and female finishers. The total amount of prize money available will depend entirely on participation in the Championship Race.

An additional **£5 will be added to the standard £5 entry fee, making the total entry fee £10**. The additional £5 collected from each participant will form the prize money pool.

The prize money will be distributed as follows:

- **1st Place:** 25% to the first male finisher and 25% to the first female finisher
- **2nd Place:** 15% to the second male finisher and 15% to the second female finisher
- **3rd Place:** 10% to the third male finisher and 10% to the third female finisher

Championships participation medal awarded to all participants who finish at least 3 of the 4 championship races.

League Races and Dates

Note: These are 'Road Races' and as with all road races care must be taken with road traffic and pedestrians. Marshals will be placed at intervals across the route

Race routes announced when registration for each race opens:-

Highlighted are championship races

Road Racing League Race 2026/27 Race No 1 – (4km)	8 th November 2026
Road Racing League Race 2026/27 Race No 2 – (6.5km)	22 nd November 2026
Road Racing League Race 2026/27 Race No 3 – (10km)	6 th December 2026
Road Racing League Race 2026/27 Race No 4 – (3km)	17 th January 2027
Road Racing League Race 2026/27 Race No 5 – (5km)	31 st January 2027
Road Racing League Race 2026/27 Race No 6 – (16km)	21 st February 2027
Road Racing League Race 2026/27 Race No 7 – (10km)	7 th March 2027
Road Racing League Race 2026/27 Race No 8 – (8.5km)	21 st March 2027

GAAA Road Runners League Basic Competition and General Rules

INDIVIDUAL LEAGUE

Registration

All runners register as an individual and compete in the individual League.

Individual Scoring

Individual Race Points (IRC) are the way the individual positions are decided in each race (Points are awarded for position, 100 for the winner, 99 for second and so on..) The individual with highest aggregate numeric score on the best scoring 6 races out of the 8 races at the end of the League is the winning individual. For Junior Category this will be best scoring 5 races out of the 7 races at the end of the League. The Junior category will not compete and cannot participate in Race 6 the Championship 16km.

Trophies

The Individual league is based for both men and ladies with trophies awarded for as follows:

Rock Runners Individual League
Male & Female Division
Categories: Master (M/W35, M/W45, M/W55, M/W60 & M/W65+) Senior (18 to 34) Junior (17 Yrs & Under*) *The minimum age is 14 at 31 st December '26
1st, 2nd & 3rd Place Trophies

With the overall League winners (Male & Female) awarded the:

KING AND QUEEN OF THE ROAD TITLES

All participants will receive an individual league medal when completing all 8 league races

TEAM LEAGUE

Teams

All runners participating in the Team league are registered for the individual League and also score in this League. A team can consist of any amount of runners. With scoring based on 3 runners for the men and women's teams. An incomplete team which has a number of runners short can still score. If a Team has no runners for a particular race, they are considered a "no show" for that race, and will score '0'. Thus a Team can be made up of a group of friends or a corporate establishment with any number of runners.

All Teams must have a Team Captain who will nominate the Team members, the Team Name and the Team colours. The Team members can vary per event. This is to cover for Team members that work shifts or are absent on a particular race day for reasons outside the Team's control. But please note that once the Team members have been registered for the League there can be **no substitutions of runners** between Teams. Team members must be affiliated to the club by the date of registration of the race.

Team Scoring

Team Race Points are awarded per individual finishing position, (100 for the winner, 99 for second and so on). Team scoring is based on adding up the finishing race points of the **sets of 3 Team runners**. If only 1 or 2 team members run for a team on any race then the total points of the 1 or 2 team members will count. No-show teams score '0' race points. Men's team and Ladies' team leagues will be decided on the 8 races from the series.

Individual runners scores/positions participating in the event will not be included as part of the team point scoring.

The team points obtained per race are carried forward and accumulated per race. The team with most points at the end of the league (all eight races count) will be the league team winner for men/women.

Combined totals for Men and Women of all eight races will decide the overall Team Champion.

Team Scoring example

	Race 1		Race 2		Race 3
Team A	100	Team A	100	Team A	100
Team A	99	Team B	99	Team B	99
Team B	98	Team C	98	Team B	98
Team C	97	Team A	97	Team B	97
Team C	96	Team D	96	Team C	96
Team A	95	Team C	95	Team C	95
Team B	94	Team A	94	Team C	94
Team C	93	Team D	93	Team A	93
Team B	92	Team B	92	Team D	92
Team D	91	Team D	91	Team A	91
Team D	90	Team C	90	Team D	90
Team D	89			Team D	89
Total Team A	294		291		284
Total Team B	284		191		294
Total Team C	286		283		285
Total Team D	270		280		271

<u>Total after 3 races</u>	<u>Position</u>
869	1
769	4
854	2
821	3

Trophies

The Team league is based for both men and ladies teams with Teams awarded Male and Female Divisions First, second and third place teams.

With the overall Team League winners (Male & Female combined) awarded the:

GAAA ROAD RACING TEAM CHAMPION



The League is run under GAAA Rules and under normal road running rules.

GENERAL RULES

1. The league is composed of eight varied road races.
2. All road races will be run on Sunday mornings at 9:00am.
3. Registration for each race done online.
4. The cost of entry will be decided by the League committee each year.
5. The present individual registration fee for each Race is £5/£10 dependent on race. A package is also available.
6. There is a single £30 Team Registration Fee for each full Team.
7. Each team must have a unique name having a maximum of 20 characters.
8. The league committee reserves the right to disqualify a team(s) from the League, or reject any team name if it believes that the team name is inappropriate or offensive.
9. Team colours are recommended to be worn but not compulsory.
10. Runners must wear at least vest and shorts (or be objectionable), even if wet.
11. The number allocated to the specific individual at registration must be worn on the vest front and be visible.
12. The minimum competitor age is 14 at 31st December 2026 for this year's League. Juniors of age 14 to 17 cannot compete in Race 6 - 16km Championship race
13. No person may represent more than one team in a season.
14. Awards of trophies will be decided by the committee.
15. Matters of doubt will be determined by the league committee whose decision will be final.
16. Men's team and Ladies' team leagues will be decided on the 8 races from the series.
17. The individual with highest aggregate numeric score on the best scoring 6 races out of the 8 races at the end of the League is the winning individual 3 out of the 6 must be championship races. 5 out of 7 for Juniors no restriction on championship races for juniors
18. To qualify for a final position on each category individuals must compete in at least 4 league races.
19. Once a runner is registered for a team, he/she will not be able to run for a different team.
20. Team managers should, if possible, register their runners by the first race of the League.
21. No ear phones or audio devices to be worn during races, runners caught competing with these can be disqualified.
22. Any runner or team captain who brings the sport into disrepute with comments on social media the press or by any other means will be disqualified immediately from the league.
23. Any points of concern to be raised directly with the GAAA Council.
24. Water will now be supplied during races above 10km so in the league only for race 7.
25. The club they represented by the close of registration of the race in question must affiliate team members.