

GIBRALTAR AMATEUR ATHLETIC ASSOCIATION

RE-OPENING OF THE VICTORIA STADIUM RUNNING TRACK

With a view to easing the restrictions on the use of the Victoria Stadium track following the Covid-19 lockdown, this plan outlines how the GSLA/GAAA will allow athletes the use of the track by GAAA members (ONLY) whilst maintaining the public health and social distancing guidelines.

Rules

- The Victoria Stadium track will be available for training with effect from Thursday 21st May 2020;
- The track will only be available for training between 6.00pm to 9.00pm (Monday to Friday);
- Entry into the running track will be through the east entrance (Cepsa Entrance) and the access into the stadium will be controlled by GSLA staff.
- Club allocations 1.5 hours (6.00pm – 7.30pm and 7.30pm to 9.00pm);

Times	Monday	Tuesday	Wednesday	Thursday	Friday
6.00 7.30	Lourdians	Atlas/ Calpeans	Lourdians	Atlas/ Calpeans	Lourdeans
7.30 9.00	Atlas/ Calpeans	Lourdians	Atlas/ Calpeans	Lourdeans	Atlas/ Calpeans

This allocation table will be modified if any other registered club/athlete expresses a wish to train in the stadium

- Only clubs and athletes who are registered members of the GAAA and aged between 18 to 69 will be allowed to train;
- No more than 12 persons (athletes and coaches) can at any one time attend training sessions;
- Athletes and coaches attending training sessions must on entry and exit sanitise their hands at the sanitation point provided;
- Only lanes 1, 3 and 5 can be used;
- Social distancing guidelines must be observed at all times. No congregation of athletes and always observing the 2 metre limit;
- If there is more than one athlete running on the same lane then there must be a distance of at least 4 metres between each athlete;
- There will be no shower facilities;
- Only the toilets located in the Cepsa stand and the hockey stand may be used;
- The use of starting blocks will be permitted save that the athlete will ensure he observes HM Government and / or GSLA guidelines in respect of sanitising the equipment before and after use;
- At the end of each training session, athletes will ensure that they do not leave behind any item of clothing, gear, etc. and will properly dispose all personal waste, such as bottles of water/drink, food, wrappers, etc.;
- Club coaches will be responsible for their respective athletes and must ensure these rules are complied with.

- If you suddenly feel unwell, immediately notify your coach and/or a member of the GSLA staff;
- GSLA staff will observe that these rules are complied with and may sanction any athlete or club who infringe them. On the advice of the GSLA, the GAAA's will ban any athlete or club from training if the rules are not observed.

Reminder: any person who is in breach of the Civil Contingencies Regulations may be arrested by the Police and/or liable to face disciplinary proceedings by the GAAA and banned from using the allocation and/or facilities on offer.

STRICTLY ADHERE TO THESE RULES AND KEEP SAFE

GAAA 19 May 2020